

Namibia Medical Society Congress on Non-Communicable Diseases



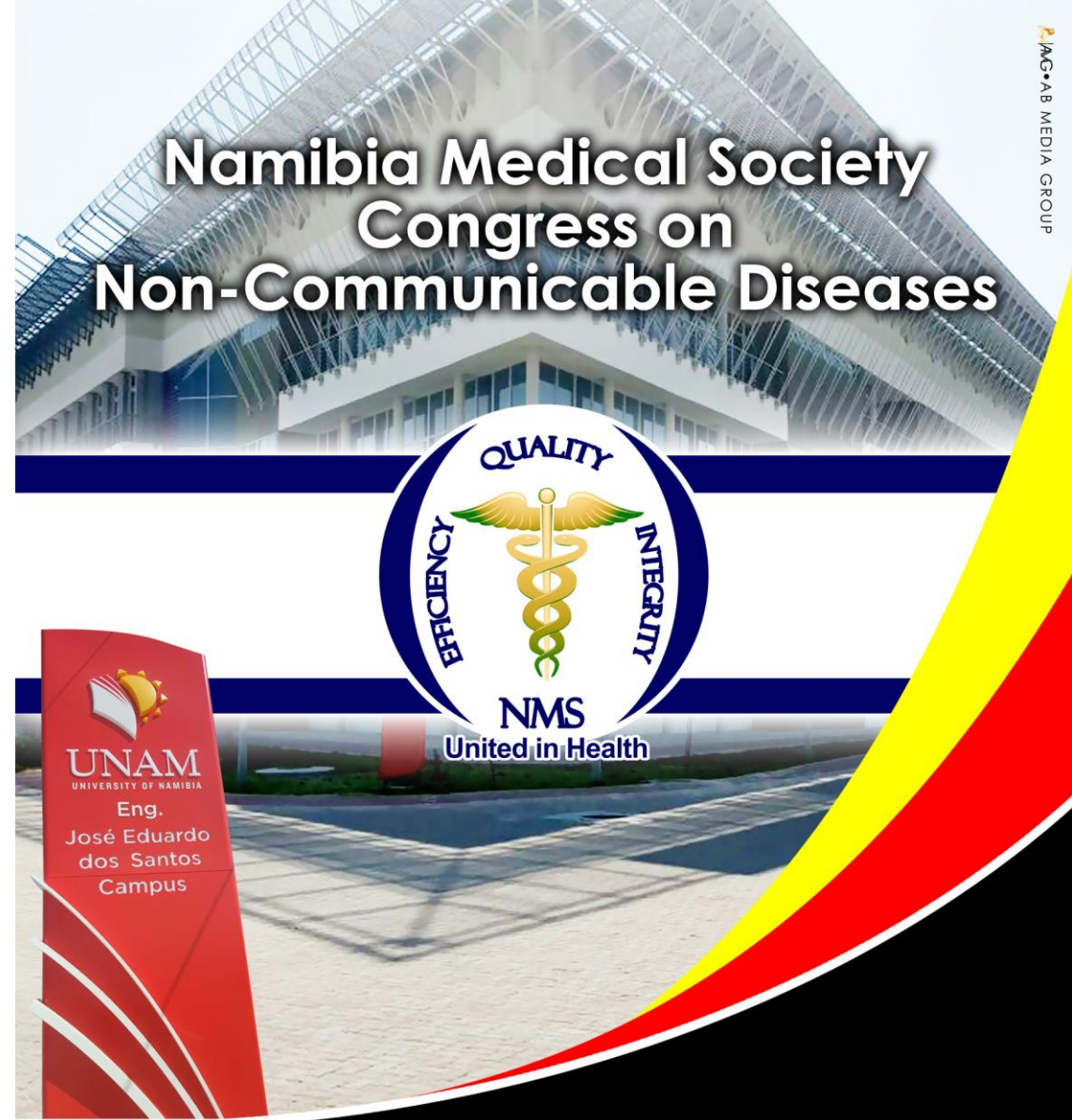
NAMIBIAN MEDICAL SOCIETY

Tel: (061) 212 413 | Fax: (061) 224 703 / 088 637 9343
E-mail: nms@iway.na | Website: www.nms.com.na
PO Box 8439, Bachbrecht, Windhoek, Windhoek, Namibia
Ground Floor, Katutura Nurses Home, Katutura State Hospital

Graphics & Printing Made By:



C: +264 (0)-81 555 2020
+264 (0)-81 218 3064
E: abtradingcc@gmail.com



UNAM Eng. José Eduardo dos Santos Campus • Ongwediva • Namibia 13 - 14 November 2015

Tel: (061) 212 413 | Fax: (061) 224 703 / 088 637 9343
E-mail: nms@iway.na | Website: www.nms.com.na

DAY 1

The program starts at 7H00 with exhibition, registration and tea.
7:50 delegates to be seated in the auditorium

SESSION 1: INTRODUCTION (08:00)

Chair: Dr Akutu Munyika

- 8:00 – 8:05 National and African Union Anthems
8:05 – 8:10 Prayer, **Rev Joseph Avia**
8:10 – 8:15 Introduction of Congress to delegates and invited guests,
Dr Akutu Munyika
8:15 – 8:25 Namibian Medical Society: Remarks and introduction
of Key note speaker, **Dr Herman Shitaleni**
8:25 – 8:55 Keynote Address and Opening by Hon Minister of Health and
Social services, **Dr Bernard Haufiku**
8:55 – 9:15 Overview of NCDs in the World and the Sub-Sahara Region,
Dr Desta Tiruneh
9:15 – 9:35 NCDs in Namibia, **Dr Norbert Forster**
9:35 – 10:00 The effect of HIV on NCDs, An Overview, **Dr Nasinuku Saukile**
10:00 –10:25 Platinum event sponsor: Remarks
10:25 - 10:40 Health facilities in Central Northern Regions of Namibia,
Dr Akutu Munyika

10:40-11:10 TEA BREAK

SESSION 2: UNAM SCHOOL OF MEDICINE AND PATHOLOGY (11:10)

Chair: Dr Salah Tjirongo

- 11:10 – 11:40 Update on UNAM SOM, **Prof. Peter Nyarango**
11:40 – 11:50 Student 1
11:50 – 12:00 Student 2
12:00 – 12:20 Today's role of Fine Needle Aspiration, **Dr Albertina litana**

12:20-13:20 LUNCH TIME

SESSION 3: CANCERS (13:20)

Chair: Dr Edison Mushede

- 13:20 – 13:50 Overview of Breast Cancer: African perspective,
Prof. Godfrey Muguti
13:50 – 14:20 Sentinel Lymph Node, surgical hand held gamma probe in the
management of breast cancer and melanoma, **Dr Brown Ndofor**
14:20 – 14:50 Cervical Cancer in Namibia, Where are we? **Dr Naftal Hamata**
14:50 – 15:20 Nuclear Medicine in the management of differentiated Thyroid
Cancer – Namibian experience, **Dr Shitaleni Herman**
15:20 - 15:50 Childhood Cancers Briefly, **Dr Gesami Staytler**
15:50 - 16:20 Update on prostate cancer care, **Dr Golda Stellmacher**

16:30-20:00 SPECIAL DINNER FOR ALL DELEGATES

Day 2

The program starts at 7:00 with exhibition, registration and tea
7:50 delegates to be seated in the auditorium

SESSION 4: RESPIRATORY, CARDIOVASCULAR AND EPILEPSY (14:10)

Chair: Prof Chris John Hunter

- 8:00 – 8:30 Hypertension and Renal Failure, **Dr Ishmael Katjitae**
8:30 – 9:00 Ischemic Heart Conditions, **Dr Augustinus Goagoseb**
9:00 – 9:30 Cerebral Vascular Accidents: An update, **Dr Percy Kumire**
9:30 – 10:00 Update on Epilepsy, **Dr Vaja Zatjirua**
10:00 – 10:30 Management of Childhood Asthma, **Dr Richard Biseko**
10:30 – 11:00 TEA BREAK
11:00 – 11:30 Hypertensive Disorders in Pregnancy, **Prof. Jack Moodley**

**SESSION 5: MENTAL HEALTH ILLNESSES, PALLIATIVE CARE AND
MEDICAL ETHICS (11:30)**

Chair: Dr Juanita Eises

- 11:30 – 11:50 Mental Health Policy of Namibia, **Dr Ndahambelela Mthoko**
11:50 – 12:20 The aggressive patient, **Dr Hileni Ndjaba**
12:20 – 12:50 Palliative care Services, **Dr Celestine Mbangtang**
12:50 – 13:20 Common ethical dilemmas in clinical practice,
Prof. Fillemon Amaambo

13:20-14:20 LUNCH TIME

SESSION 6: DIABETES (14:20)

Chair: Dr Norbert Muramira

- 14:20 – 14:50 Surgery and Diabetes: what we should prevent,
Dr Tobiko Oidamae
14:50 – 15:20 Childhood Diabetes, **Dr Wilson Benjamin**
15:20 – 15:50 Current management of Diabetes in adults,
Dr Innocent Segamwenge
15:50 – 16:10 Vote of thanks and gifts, **Dr Shitaleni Herman**, Chairman NMS